



Tānisi Ohnikikomowak,

We at Maskwacis Outreach School believe authentic food experiences enhance and extend learning for our oskāyak. These experiences could include (but are not limited to) community-harvested and donated wild game (deer, moose), fish (pike, whitefish, walleye), plants and berries (chokecherries, saskatoons, dandelions, chickweed, plantain), school raised protein (eggs, chicken, duck, rabbit), and school grown vegetables (potatoes, carrots, tomatoes, onions). Participating in growing, raising, harvesting, processing, and cooking traditional and local foods provides a shared experience that enriches learning and promotes personal development by supporting nehiyaw pimatisiwin and nehiyaw mamitonehickikan. Involvement in these experiences builds life-long skills and knowledge critical to food sovereignty.

“Food sovereignty emphasizes ecologically appropriate production, distribution and consumption, social-economic justice and local food systems as ways to tackle hunger and poverty and guarantee sustainable food security for all peoples. It advocates trade and investment that serve the collective aspirations of society. It promotes community control of productive resources; agrarian reform and tenure security for small-scale producers; agro-ecology; biodiversity; local knowledge; the rights of peasants, women, indigenous peoples and workers; social protection and climate justice.” www.changeforchildren.org

This form must be read and signed by the independent student or a parent/guardian of every student who wishes to participate in consuming foods produced in school-based programs over the course of the 2023-2024 school year.

Element of Risk

As with the consumption of any prepared food, there are associated elements of risk including food-borne illness and food-based allergens when consuming foods grown, raised, harvested, gathered, processed, or cooked during school programs. These foods are uninspected via a government system, however, other systems are in place to reduce the likelihood of these risks, such as adhering to the Alberta Health Services Food Safety Guidelines. Even when operating under these best practices, the element of risk is impossible to completely eliminate. The risk of illness or a negative health event may result from the nature of the activity and can occur without fault of the student, Maskwacis Educational Schools Commission, its employees/agents, or the facility where the activity is taking place. By choosing to participate in and consume foods prepared during school-based food experiences, you are accepting the risk that may occur.

Acknowledgement and Permission

Please initial in the boxes listed below indicating you acknowledge and understand what you are granting permission for.

- I have read and understand the element of risk
- I understand there are risks associated with consuming foods grown, raised, harvested, gathered, processed, or cooked during school programs, including but not limited to illness or a negative health event
- I understand there can be changes made to the program as it evolves
- I authorize the supervisors to act on my behalf in an emergency

I grant permission for _____ (name of student)
to participate in Maskwacis Outreach School's school-based foods program as outlined above.

Signature of parent/guardian: _____

Printed name of parent/guardian: _____

Relationship to student: _____

Contact number of parent/guardian: _____

Date signed: _____